The Element of Fire

Fire is the realm of passions, of inspiration, of destruction and transformation. It is an element of extremes. It is that part of us that drives us to action and make us fierce. It can purify and heal but only by destroying that which is not needed and risking the destruction of what is. It is pure energy that can

only be controlled if one can control the passions Fire so easily inflames. Yet controlled it can provide comfort and warmth. The hearth is the heart of the

home as Fire is at the heart of our passions.

Lion / Lizards Animal:

Cardinal Point: North Colour: Red

Elemental: Salamander

King: Djin Season: Summer

Tool / Weapon: Wand / Staff / Spear

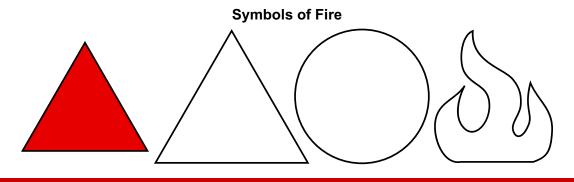
Time of day: Midday Time of life: **Puberty** Tattwa: Tejas Wind: **Boreas**

Zodiac: Aries - Υ / Leo - δ / Sagittarius - メ









Fire Incense

3 parts frankincense

2 parts dragons blood

1 part red sandalwood

1 pinch saffron

A few drops of musk oil

Fire Oil

3 drops ginger

2 drops rosemary

1 clove

1/8 cup base oil

Fire Herbs

Clove

Allspice Coriander Basil Dill Bay Dragons Blood Chilli Fennel Frankincense Cinnamon

Garlic

Ginger Ginseng Nutmeg Rosemary Saffron Sunflower